



Blood Donation and COVID-19 Q&A

- **Can I give blood if I have recovered from Covid-19?**
You can give blood **28 days after** being free of symptoms.
- **What happens if I have experienced Covid-19 like symptoms, but I was never tested?**
In that case you can donate 28 days after being free of symptoms.
- **What happens if I have experienced Covid-19 like symptoms and I got a negative test result?**
You can donate **14 days after** being free of symptoms.
- **Can I donate if I was in quarantine because I was a close contact of a confirmed case or travelled but never had Covid-19, never was tested and never had symptoms?**
Yes, you can donate blood as soon as your quarantine period ends.



- **When can I donate blood after receiving a COVID-19 vaccine?**
In case of vaccination with **no symptoms** involved, it's a good idea to wait **3 days** before donating.

If you experience **symptoms** after the vaccination, you should be free of symptoms at least **7 days** before donating.

Authored by: Kelly Vasilopoulou, Senior Nurse, ACG Health & Wellness Center

Edited by: Christina Drakonakis, Associate Dean of Students, ACG Health & Wellness Center

Sources: <https://eody.gov.gr/>
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